



www.mansfieldparks.com  
817-453-5420

# Recreation Guide | spring 2015



Wisteria Street Market  
Save the Date: May 16, 2015

See inside for Spring  
programs and events!

# Welcome!

## Hours of Operation

Monday – Friday 9:00 am to 9:00 pm

Saturday 9:00 am to 4:00 pm

Sunday Closed

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## Our Mission

To provide a wide range of social, educational, wellness and athletic activities for all ages that will enhance the quality of life for participants and meet the needs of the community while providing a consistently high level of customer service.

## Sponsors

**CookChildren's**



**Methodist**  
MANSFIELD MEDICAL CENTER

**Mansfield CHIROPRACTIC**



**FASTSIGNS**  
South Arlington

**Mansfield**  
Majestic

To become a Parks & Recreation sponsor, contact Angie Henley at 817-804-5795 or email [angie.henley@mansfield-tx.gov](mailto:angie.henley@mansfield-tx.gov).

## MAC Closings May 26 – Memorial Day

The Mansfield Activities Center (MAC) provides a variety of activities for all ages. The MAC offers a full-size gymnasium with divider, a kitchen and four multi-purpose rooms that are perfect for birthday parties, family reunions, showers, wedding receptions and more. For rental information, see page 19. From 9:00 am to 2:00 pm Monday through Friday, the MAC is home to the Mansfield Senior Lifestyles program serving adults age 55 and up. Daily activities such as card playing, a nutrition program, day trips, speakers, health fairs and more are offered. For more senior information, see pages 15 – 17.



# City Officials

## Mansfield City Council 2015

*From left to right, back row:*

Stephen Lindsey, Place 3; Brent Newsom, Place 2;  
Cory Hoffman, Place 5; Darryl Haynes, Place 4

*Front row:* Larry Broseh, Place 7;

David L. Cook, Mayor; Wendy Burgess, Place 6



## Mansfield Park Facilities Development Corporation 2015

*From left to right, back row:*

Dee Davey, Wayne Lee, Treasurer; Dan Sides,  
Bob Kowalski

*Front row:* Harold Bell, President; Wendy Collini,  
Vice President; Sandra Hightower

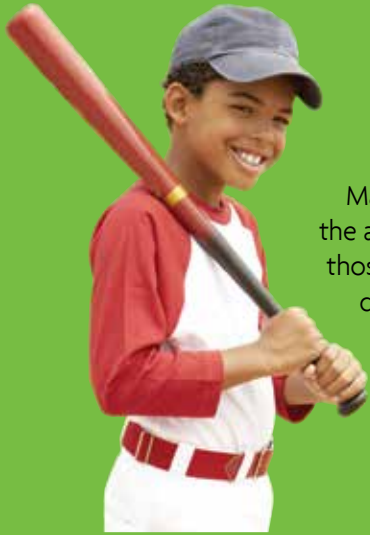
## City of Mansfield Management Team 2015

Clayton Chandler, City Manager;  
Shelly Lanners, Community Services  
Director; Peter Phillis, Finance Director;  
Chris Burkett, Assistant City Manager;  
Bill Lane, Public Safety Director



# Information

## Youth Sports Associations



All youth sports in the City of Mansfield are operated by separate volunteer associations. The City of Mansfield owns and operates the athletic fields and contracts those fields to the associations during each season. Athletic fields are available for rental when fields are not under contract with local sports associations. For more information, see page 19.

### Mansfield Youth Baseball Association

817-533-4270  
www.myba.com

### Mansfield Girls Softball Association

817-473-6877  
www.mgsa.com

### Mansfield Soccer Association

817-473-1177  
www.mansfieldsoccer.org

### Mansfield Pee Wee Football Association

www.mansfieldpwfa.com  
mpwfpres@gmail.com  
mpwfasecretary@gmail.com

### Mansfield Area Tennis Association

www.mansfieldareatennisassociation.com  
tgibbs@mansfieldareatennisassociation.com

Follow us  
on Twitter



Like us on  
facebook



## City Facilities & Departments

Mansfield Activities Center	817-453-5420
Mansfield Public Library	817-473-4391
Mansfield City Hall	817-276-4200
Mansfield Public Safety	817-276-4700
Field Status Line (updated daily @ 3:00 PM)	817-453-1467
Parks & Public Grounds	817-473-1943
Big League Dreams (adult softball)	817-539-0700
Hawaiian Falls	817-853-0050
Mansfield National Golf Club	817-477-3366

## Parks & Recreation Staff

Shelly Lanners	Director of Community Services
James Fish	Senior Park Planner
J. Christopher Ray	Park Planner
Toby Fojtik	Park Superintendent
Bernie McCranie	Administrative Assistant
Andrew Binz	Recreation Superintendent
Angie Henley	Cultural Arts/Special Events Supervisor
Sam Kieschnick	Nature Education Specialist
Coco Garcia	Activities Center Supervisor
Suzanne Newman	Senior Coordinator
Mary Jones	Recreation Coordinator

*For inquiries, please call 817-453-5420.*

## Youth Recreation Scholarships

The City of Mansfield Youth Recreation Scholarship Program is designed to help children in families with limited financial resources participate in the City of Mansfield recreation programs and activities. Recipients of a Youth Recreation Scholarship will receive 80% off the program of their choice for that brochure.

### To be eligible for a scholarship, the child must:

- Be a resident of the City of Mansfield
- Be age 17 or younger
- Meet income eligibility guidelines

Download an application at [www.mansfieldparks.com](http://www.mansfieldparks.com) or pick one up at the Mansfield Activities Center.





# Membership

A facility identification card (MAC Card) is required for use of the facility, registration in most programs and for rental use of the MAC. Everyone age 2 and older must purchase a MAC Card to participate at the Mansfield Activities Center. You must check in and scan your MAC Card at the front desk on each visit to the center. You may use your MAC Card to check out gym equipment. An annual waiver must be signed each time a membership is purchased or renewed.



## How to Register in Person

All memberships and facility and park rentals must be done in person at the Mansfield Activities Center. You may also register for courses and programs at the MAC front desk on a first-come, first-served basis. Be aware that certain classes do fill quickly, so please plan ahead. Additionally, we ask that you register at least 3 business days before the start of a program. There will be a \$5 late fee for any registration made less than 3 business days before a class begins. Payment is accepted by cash, check, MasterCard or Visa (with appropriate ID). You will need a current MAC Card before registering and all fees must be paid in full at the time of registration. You may join a class that is already in session, but full payment is still due. Individuals are responsible for making informed decisions regarding the products, programs and services presented in this brochure.

## How to Register Online

[www.mansfieldparks.com](http://www.mansfieldparks.com)

To register for courses or programs online, you need to have an active account with the MAC and a Visa, MasterCard, Discover or American Express. Not all programs require a MAC Card, but to receive your login information, you must have an established account at the MAC. Browsing for activities does not require an account. Online membership renewal is not available at this time.

**If you previously had an online registration account, you will need new login information starting August 18, 2014.** Please call the MAC front desk at (817) 453-5420 to obtain your updated information. To establish an account or renew your MAC membership, you will need to visit the MAC located at 106 S. Wisteria St.

♥ Denotes a class that is a smart choice for your health and wellness needs.

## Annual MAC Card Fees

	Age	Resident*	Non-resident
Youth	2 – 17	\$10	\$17
Adult	18 – 54	\$15	\$22
Senior	55+	\$10	\$17
Family**		\$35	\$50
Daily Guest Pass		\$3/day	\$6/day



\*Residency is defined as living in zip code 76063. Proof of residency (current driver's license or utility bill) is required.

\*\*Family is defined as those living at one address. The family fee is good for up to 6 members. Additional family members are \$2 each.

## Be Informed

Provide your email address at the MAC front desk, sign up at [www.mansfieldparks.com](http://www.mansfieldparks.com), or send us an email at [mac@mansfield-tx.gov](mailto:mac@mansfield-tx.gov) to sign up for our Parks & Recreation E-Newsletter. If you did not get a brochure in the mail, leave your address at the front desk or email [mac@mansfield-tx.gov](mailto:mac@mansfield-tx.gov) with your mailing address. We will be glad to add you to the brochure mailing list.

# Preschool

## Athletics/Fitness

### Tiny Tumbling Tots (3 – 5Y) ♥

Let Mrs. Shannon introduce your child to the exciting world of tumbling. Children will learn basic tumbling and beam skills while improving hand-eye coordination, balance, and body awareness.

1931	03/06-03/27	9:00–9:30 AM	F	\$35
1930	04/03-04/24	9:00–9:30 AM	F	\$35
2084	05/01-05/22	9:00–9:30 AM	F	\$35

### Soccer Sparks Skills Academy (2 – 6Y) ♥

Dazzle with your footwork! The Soccer Sparks program fosters skill improvement and builds player confidence. Learn how to perfect your skills such as dribbling, passing, shooting, and teamwork in a fun and encouraging environment. Soccer can improve muscle strength, cardiovascular health, agility, coordination, balance, and promote positive weight loss.

#### 2 - 3.5Y

2095	03/07-05/02	9:00–9:30 AM	Sa	\$88
2096	05/09-06/27	9:00–9:30 AM	Sa	\$88

#### 3 - 4Y

2093	03/07-05/02	9:35–10:05 AM	Sa	\$88
2094	05/09-06/27	9:35–10:05 AM	Sa	\$88

#### 4 - 5Y

2098	03/07-05/02	10:10–10:55 AM	Sa	\$88
2099	05/09-06/27	10:10–10:55 AM	Sa	\$88

#### 4 - 6Y

2028	03/04-04/22	5:15–6:00 PM	W	\$88
2029	05/06-06/24	5:15–6:00 PM	W	\$88





## Dance/Music

### Creative Dance (2½ – 5Y) ♥

Children will be introduced to the fundamentals of ballet and jazz in a creative and fun way. Dancers will learn how to chasse, bouree walk, soutea, and many other dance terms. Never a repeat lesson. Dancers at all levels are challenged. A multi-class discount is offered for Creative Dance and Tap Dance.

1883	03/02-03/23	5:50–6:20 PM	M	\$46
1882	04/06-04/27	5:50–6:20 PM	M	\$46
2058	05/04-05/18	5:50–6:20 PM	M	\$34.50

### Tap Dance (2½ – 5Y) ♥

Boys and girls, bring your tap shoes and get ready for some fun. This energetic class teaches heel digs, shuffle steps, balchanges, falaps, and much more. Tap dancing strengthens musicality, balance, coordination, and more. A multi-class discount is offered for Tap Dance and Creative Dance.

1924	03/02-03/23	5:15–5:45 PM	M	\$46
1923	04/06-04/27	5:15–5:45 PM	M	\$46
2059	05/04-05/18	5:15–5:45 PM	M	\$34.50

Register for both Creative Dance and Tap Dance in the same month to receive \$20 off one of the classes.

### Princess Ballerina (3 – 6Y) ♥

Our princess ballerinas will have fun with fairytale magic as we dance to our favorite princess music and fairytale songs. Girls will learn pre-ballet techniques, position, and body alignment all while enjoying being a princess. There will be a performance for parents the last day of the session.

1917	03/05-04/23	5:30–6:00 PM	Th	\$89
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## Special Interest

### Toddler Time (1M – 4Y)

Toddlers, accompanied by parents, can interact and learn with other children their age in this safe, climate-controlled playtime. On a rotational basis, gym mats, tumbling blocks, low balance beams, foam building blocks, gym balls, and our bounce house will be set out for play. Parents must attend with children. This program is free, but everyone age 2 and older (including parents) must purchase a MAC Card to attend (day passes are no longer issued for this program).

03/03-05/28	9:00–11:00 AM	Tu/Th	Free
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# Youth & Teen

## Athletics/Fitness

### Tae Kwon Do (5 – 17Y) ♥

Tae Kwon Do teaches students to overcome peer pressure and succeed in a competitive world. It trains your mind and body to be strong, while emphasizing respect, concentration, and self-control. Master Yang has a 7th degree black belt in Tae Kwon Do and has coached the U.S. Tae Kwon Do demonstration team. Additional fees may apply for belt tests.

#### Youth Beginner

2069	03/02-03/30	5:45–6:30 PM	M	\$40
2070	04/06-04/27	5:45–6:30 PM	M	\$40
2071	05/04-05/18	5:45–6:30 PM	M	\$40

2073	03/03-03/31	5:30–6:20 PM	Tu/Th	\$65
2074	04/02-04/30	5:30–6:20 PM	Tu/Th	\$65
2075	05/05-05/28	5:30–6:20 PM	Tu/Th	\$65

2077	03/04-03/25	5:30–6:20 PM	W	\$40
2078	04/01-04/29	5:30–6:20 PM	W	\$40
2079	05/06-05/27	5:30–6:20 PM	W	\$40

#### Youth Advanced

2081	03/03-03/26	6:25–7:15 PM	Tu/Th	\$65
2082	04/02-04/30	6:25–7:15 PM	Tu/Th	\$65
2083	05/05-05/28	6:25–7:15 PM	Tu/Th	\$65



817.453.5420



### Shaolin-Do Kung Fu (6 – 12Y) ♥

Shaolin-Do helps students develop their physical and mental attributes using the 2,000 year old art of Shaolin-Do Kung Fu. Shaolin provides a fun environment for students to increase their perseverance, self-esteem, discipline, and respect. Our goal is to help each student achieve their martial art, health, and fitness potential. Additional belt test fees may apply.

#### Youth Beginner

2045	03/03-03/31	5:45–6:30 PM	Tu/Th	\$55
2046	04/02-04/30	5:45–6:30 PM	Tu/Th	\$55
2047	05/05-05/28	5:45–6:30 PM	Tu/Th	\$55

#### Youth Intermediate

2049	03/03-03/31	6:30–7:15 PM	Tu/Th	\$55
2050	04/02-04/30	6:30–7:15 PM	Tu/Th	\$55
2051	05/05-05/28	6:30–7:15 PM	Tu/Th	\$55

#### Youth Advanced

2053	03/03-03/31	7:15–8:00 PM	Tu/Th	\$55
2054	04/02-04/30	7:15–8:00 PM	Tu/Th	\$55
2055	05/05-05/28	7:15–8:00 PM	Tu/Th	\$55



## Home School P.E. (5Y+) ♥

In this PE program your children will learn from former Olympic and professional soccer player, Steve Long. Your kids will get some exercise, learn the basics of most major team sports and have fun in an indoor atmosphere. For more course content information, feel free to contact Steve Long at 682-518-6265 or [sdlong@sbcglobal.net](mailto:sdlong@sbcglobal.net).

### 5-9Y

1941	03/04-03/25	12:30–1:45 PM	W	\$30
1943	04/01-04/22	12:30–1:45 PM	W	\$40
1942	05/06-05/27	12:30–1:45 PM	W	\$40

### 10Y+

1944	03/04-03/25	1:45–3:00 PM	W	\$30
1946	04/01-04/22	1:45–3:00 PM	W	\$40
1945	05/06-05/27	1:45–3:00 PM	W	\$40

## MANSFIELD EXPRESS TRACK CLUB



Don't just sit on the couch – improve yourself this summer! Track Club will run from May through July. Practices are Tu/Th from 6-8 pm. There are circuit meets on Saturdays in June and regional and state meets in July (if they qualify). Open to kids ages 6-18 years (as of 12-31-15). Registration is open April 1-30 ONLY.

Meet the coaches on April 1 from 6-8 pm or April 11 from 11-1 pm at the Mansfield Activities Center. The cost is \$105 per child (10% sibling discount available) and includes TAAF Registration, regional entry fees, uniform, team t-shirt, and end of season party.

Questions? [mansfieldexpress04@gmail.com](mailto:mansfieldexpress04@gmail.com)



## HELPING KIDS SUCCEED IN LIFE THROUGH SPORTS

### FUN, SAFE AND CONVENIENT YOUTH BASKETBALL LEAGUES

7 week seasons held @ the MAC - Visit the website to find out the next season start date.

- Organized co-ed programs for boys & girls grades PreK(4)-5th.
- Focused on fun, good sportsmanship and safe play.
- All skill levels welcome. No tryouts!
- All coaches and staff are background checked and certified.
- No fundraisers or mandatory volunteering.
- Games and practices held on the same day once a week.
- *Check out [i9sports.com](http://i9sports.com) for other sports we offer in the area!!*



**Easy Registration Online at [i9sports.com](http://i9sports.com) or call 817-400-GAME (4263)**

# Youth & Teen

## Soccer Sparks Skills Academy (6 – 10Y) ♥

Dazzle with your footwork! The Soccer Sparks program fosters skill improvement and builds player confidence. Learn how to perfect your skills such as dribbling, passing, shooting, and teamwork in a fun and encouraging environment. Soccer can improve muscle strength, cardiovascular health, agility, coordination, balance, and promote positive weight loss.

### 6 - 10Y

2101	03/07-05/02	11:00–11:45 AM	Sa	\$88
2105	05/09-06/27	11:00–11:45 AM	Sa	\$88

### 7 - 10Y

2031	03/04-04/22	6:05–6:50 PM	W	\$88
2032	05/06-06/24	6:05–6:50 PM	W	\$88



# KIDS ZONE

## Spring Break

Join us for fun field trips, crafts, classes, and more! Register early; spots fill quickly. Don't forget your lunch!

**\$120 per camper**

**March 9–13**  
**8AM–6PM**

**SAVE THE DATE!**

Summer registration opens **April 1st.**

## Summer Camp

arts & crafts  
indoor/outdoor games  
themed weeks  
swimming  
guest speakers  
weekly field trips

**Weekly June 8–August 21**

**\$135 per week**

**Kids Zone is for ages 6–11.**  
Sack lunch required daily.  
**Multi-child discounts available.**  
Early drop-off available at 7:30am for extra fee.  
**Scheduled payments available for summer camp.**  
New paperwork required for ALL campers for summer registration.



## Dance/Music

### Guitar (10Y+)

No experience required for this fun and easy class. Doug Crites teaches you to tune and play the basic beginning chords. Discover your inner talent and play your favorite tunes. Students must provide their own guitar and tuner. Doug will be happy to give advice on purchasing the right guitar for you, 682-518-0331.

#### Beginner

1888	03/03-04/07	7:00–7:45 PM	Tu	\$85
2022	04/14-05/19	7:00–7:45 PM	Tu	\$85
1887	03/07-04/11	2:00–2:45 PM	Sa	\$85
2021	04/18-05/23	2:00–2:45 PM	Sa	\$71

#### Intermediate

1891	03/03-04/07	7:45–8:30 PM	Tu	\$85
2025	04/14-05/19	7:45–8:30 PM	Tu	\$85
1890	03/07-04/11	2:45–3:30 PM	Sa	\$85
2024	04/18-05/23	2:45–3:30 PM	Sa	\$71

#### Advanced

1889	03/05-04/09	7:00–7:45 PM	Th	\$85
2023	04/16-05/21	7:00–7:45 PM	Th	\$85

Please register  
at least 3 business days before  
a program starts to avoid a  
\$5 late fee. Spots fill quickly,  
so register today!



*Join us on  
Thursday, February 26  
for our  
Spring Discount Day!*

Save 10% on all  
spring program registrations  
In person or online  
from 9:00 am to 9:00 pm

\*Excludes Kids Zone

## Scholarship Opportunities

We recognize that everyone should have the opportunity to participate in recreation and sport programs. To encourage participation, we offer a Youth Recreation Scholarship.



For more information,  
please see page 2 or call the  
Mansfield Activities Center  
at 817-453-5420.

# Nature Education

## Birds at Oliver Nature Park

When was the last time you stopped to listen to the birds? Birds are active throughout the year. In this program, you'll learn about some of the birds in Mansfield and get a close-up look at the birds in the treehouse and bird blinds at Oliver Nature Park. If you own some binoculars, be sure to bring them along. Wear weather-appropriate clothing and comfortable shoes.

2138	03/10	10:00–11:00 AM	Tu	\$5
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## Home School Nature Walk with a Naturalist

These programs are specifically geared towards a home school audience, but all are welcome. Join a naturalist for a guided walk around one of the parks of Mansfield. The naturalist will describe the plants and animals found along the trails. Learn about local ecosystems; watch how animals and plants interact; and sneak up on a few of the natural inhabitants of the city parks. Bring some water and wear weather-appropriate clothing and comfortable shoes.

2147	03/05	10:00–11:00 AM	Th	\$5
2148	03/25	10:00–11:00 AM	W	\$5
2149	04/24	10:00–11:00 AM	F	\$5
2151	05/18	10:00–11:00 AM	M	\$5

## Nature Walk with a Naturalist

Want to see some wildlife here in Mansfield? Join a naturalist for a guided walk around the new nature park in Mansfield. The naturalist will describe the plants and animals found along the trails. Learn about the local ecosystems, watch how animals and plants interact, and sneak up on a few of the natural inhabitants of the park. Bring some water and wear weather-appropriate clothing and comfortable shoes.

2157	03/09	10:00–11:00 AM	M	\$5
2159	04/11	1:00–2:00 PM	Sa	\$5
2160	05/09	1:00–2:00 PM	Sa	\$5

Prices listed for  
Nature Education programs  
are without MAC card. Save \$2  
per person with a current  
MAC card. All programs take place at  
Oliver Nature Park unless  
otherwise noted.



## Little Naturalists

Children ages 3-5 come learn about nature through exploration. We will read, sing, take a nature walk, and do crafts all about nature. Themes will vary each week from lady bugs, bats, weather, seasons, and caring for our environment.

2162	03/11	10:30–11:15 AM	W	\$5
2163	03/28	10:30–11:15 AM	Sa	\$5
2165	04/15	10:30–11:15 AM	W	\$5
2166	04/25	10:30–11:15 AM	Sa	\$5
2167	05/27	10:30–11:15 AM	W	\$5
2168	05/23	10:30–11:15 AM	Sa	\$5

## Bugs, Bugs, Bugs

Insects are some of the most important organisms at the nature park. In this program, you'll learn all about insects and their arthropod relatives. If you have a bug net, bring it! We'll try to catch several different kinds of bugs to take a close-up look at them. Wear weather-appropriate clothing and comfortable shoes.

2145	05/30	1:00–2:00 PM	Sa	\$5
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## Geology Rocks!

Mansfield has a long geologic history and we walk on it every day. Take some time to learn about the geologic formations at Oliver Nature Park. We'll also see how the geology shapes not just the landscape but all of the organisms that have adapted to it. Bring some water and wear weather-appropriate clothing and comfortable shoes.

2140	03/13	10:00–11:00 AM	F	\$5
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## Night Hike with a Naturalist

Some of the wildlife in Mansfield are only active during the evening and night. Join a naturalist as we try to identify some of the sounds and sights of natural night life. Wear weather-appropriate clothing and comfortable shoes. No need for a flashlight; our eyes adjust to the darkness.

2154	03/28	7:30–8:30 PM	Sa	\$7
2155	05/30	8:30–9:30 PM	Sa	\$7

## Stargazing with Astronomers

Come and explore the night skies with astronomers from the Fort Worth Astronomical Society. Learn about the constellations and planets as you examine the skies with high-powered telescopes. Free program! Registration requested but not required.

2171	04/25	8:00–9:30 PM	Sa	Free
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## Wildflowers of Oliver Nature Park

Take a moment to smell the native wildflowers! There are so many different kinds of flowers at Oliver Nature Park. Walk the trails of the park with a botanist that will describe all of the neat flowers you'll see. Learn how other animals use these wildflowers, too.

2143	04/11	10:00–11:00 AM	Sa	\$5
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## Fishing Fun at Oliver Nature Park

Have you gone fishing before? If you have or even if you haven't, come on out to Oliver Nature Park for some fishing with trained naturalists. You will learn how to cast, how to tie a knot, and hopefully, how to hook a fish in this program. If you have your own rod and reel, you can bring it. We will have extra equipment to use as well. Please wear weather appropriate clothing and shoes you won't mind getting wet.

2298	05/09	10:00–11:00 AM	Sa	\$7
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## BioBlitz at Oliver Nature Park

Catching bugs, watching birds, netting fish and frogs, taking pictures of wildflowers... Do you like these things? If so, please come to the Spring BioBlitz at Oliver Nature Park! We're going to document EVERY living organism at the park and add this to our ongoing list of species of the park. For this activity, please bring a camera (if you have one) and your sense of exploration! Snacks and water provided.

2300	05/16	9:00–11:00 AM	Sa	Free
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*All programs held at Oliver Nature Park unless otherwise listed.*

## QR Codes at Oliver Nature Park

Come out to Oliver Nature Park and scan some QR codes with your smart phone.

Can you find the five QR code signs throughout the nature park?



# Adult

## Special Interest

### Mansfield Competitive Duplicate Bridge (All Ages)

Are you a bridge player? Come join us for a fun afternoon of duplicate bridge. Meet other bridge players and learn the excitement of competitive bridge. ACBL newly sanctioned game. MAC card or day pass required. Daily registration available for \$6 per day.

1893	03/03-03/31	1:00–5:00 PM	Tu	\$20
1894	04/07-04/28	1:00–5:00 PM	Tu	\$20
1895	05/05-05/26	1:00–5:00 PM	Tu	\$20

## Dance/Music

### Beginner Ballroom Dancing (18Y+) ♥

Does 'Dancing with the Stars' get your feet moving, but you just don't know where to start? If so, this class is for you. Learn ballroom dances like the Rumba and the Cha-Cha. Partner required.

2060	03/04-04/01	7:30–8:30 PM	W	\$30/person
2061	04/15-05/13	7:30–8:30 PM	W	\$30/person

## Athletics/Fitness

### Flow Yoga (16+) ♥

Open to all levels, our class focuses on an exploration of basic yoga poses and how to connect them through attention to breathing, alignment and mindfulness. Therapeutic in nature, you will learn techniques to help you gain flexibility and immerse yourself in a relaxing state.

1935	03/03-03/31	8:30–9:30 AM	Tu/Th	\$50
1937	04/02-04/30	8:30–9:30 AM	Tu/Th	\$50
1936	05/05-05/28	8:30–9:30 AM	Tu/Th	\$50



### Shaolin-Do Kung Fu (18Y+) ♥

Students practice open-hand forms, self-defense, weapons, sparring, meditation, strength-training, and aerobic conditioning. This dynamic approach allows for rapid advancement in fighting skill, balance, dexterity, and endurance. Additional belt test fees may apply. [www.ntshaolin.com](http://www.ntshaolin.com)

#### Adult Beginner

2036	03/02-03/30	6:45–7:45 PM	M/W	\$50
2037	04/01-04/29	6:45–7:45 PM	M/W	\$50
2038	05/04-05/27	6:45–7:45 PM	M/W	\$45

#### Adult Advanced

2040	03/02-03/30	7:45–9:00 PM	M/W	\$50
2041	04/01-04/29	7:45–9:00 PM	M/W	\$50
2042	05/04-05/27	7:45–9:00 PM	M/W	\$45



## Tae Kwon Do – Adult (17Y+) ♥

Tae Kwon Do incorporates concentration, discipline, and confidence and will help get you into shape while you learn and de-stress. Master Yang is a 7th degree black belt and North Lake College Instructor. Additional fees may apply for belt tests.

2063	03/03-03/31	7:20–8:10 PM	Tu/Th	\$65
2064	04/02-04/30	7:20–8:10 PM	Tu/Th	\$65
2065	05/05-05/28	7:20–8:10 PM	Tu/Th	\$65

## Tai Chi (18Y+) ♥

Tai Chi is considered the ultimate fighting art. Learn relaxation, increased body awareness, balance, and flexibility while also learning to defend yourself with minimal use of effort by applying the concept of accommodation. [www.ntshaolin.com](http://www.ntshaolin.com)

1994	03/05-03/26	8:00–9:00 PM	Th	\$50
		9:00–10:30 AM	Sa	
1995	04/02-04/30	8:00–9:00 PM	Th	\$50
		9:00–10:30 AM	Sa	
1996	05/02-05/30	8:00–9:00 PM	Th	\$43.75
		9:00–10:30 AM	Sa	

## Water Fitness (18Y+) ♥

Improve health and restore vitality with water exercise. All levels of fitness will benefit from exercising with buoyancy equipment in the heated indoor pool at Physical Therapy of Mansfield, 1580 Hwy 287 North. The ability to swim is not necessary. No MAC card required. Monthly fees for each day range from \$13.50–\$22.50 (\$4.50 per class).

Mondays	10:00–10:50 AM
	11:00–11:50 AM
Tuesdays	5:30–6:20 PM
Wednesdays	10:00–10:50 AM
Thursdays	5:30–6:20 PM
Fridays	10:00–10:50 AM
Saturdays	10:00–10:50 AM

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facebook



# Adult

Please register at least 3 business days before a program starts to avoid a \$5 late fee. Spots fill quickly, so register today!



## Zumba (14Y+) ♥

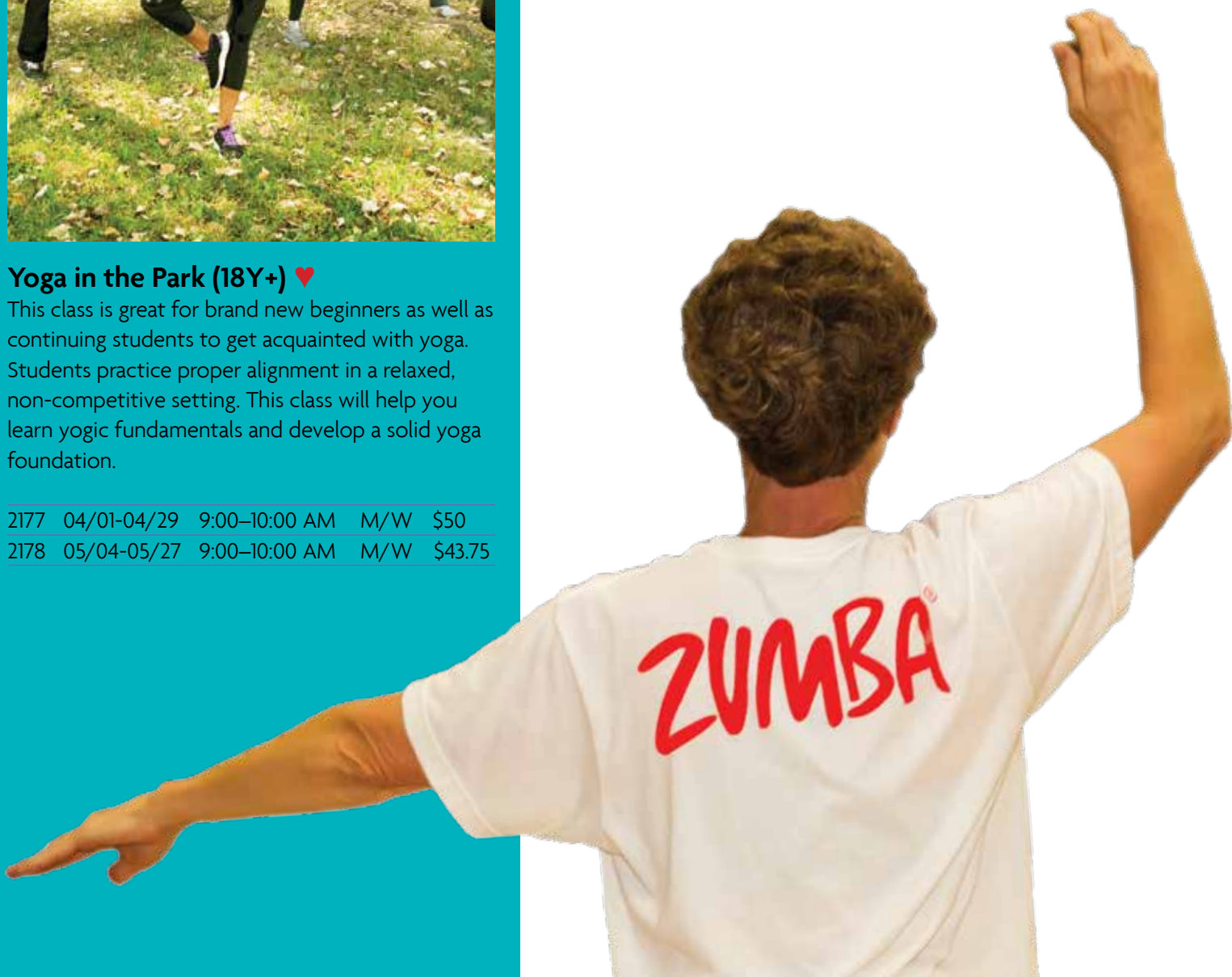
Come join the exhilarating, infectious, easy-to-follow, Latin-inspired, calorie-burning fitness party! Zumba® Fitness blends red-hot international dance music with contagious steps to form a get-healthy addiction. This program is offered for people of all shapes, sizes, and ages. Let the music move you!

2018	03/02-03/30	6:00–7:00 PM	M/Tu/Th	\$40
2019	04/02-04/30	6:00–7:00 PM	M/Tu/Th	\$40
2020	05/04-05/28	6:00–7:00 PM	M/Tu/Th	\$40

## Yoga in the Park (18Y+) ♥

This class is great for brand new beginners as well as continuing students to get acquainted with yoga. Students practice proper alignment in a relaxed, non-competitive setting. This class will help you learn yogic fundamentals and develop a solid yoga foundation.

2177	04/01-04/29	9:00–10:00 AM	M/W	\$50
2178	05/04-05/27	9:00–10:00 AM	M/W	\$43.75





# Seniors

## Arts & Crafts

### Art Class

Discover the artist inside. Classes are for the novice or experienced artisan. Provide your own supplies except for easels.

2184	03/04-03/25	9:00–11:30 AM	W	\$20
2185	04/01-04/29	9:00–11:30 AM	W	\$20
2186	05/06-05/27	9:00–11:30 AM	W	\$20

### Ceramics

Share your current skills and learn new tricks of the trade. You may work independently or learn from other ceramic participants.

2192	03/03-03/31	9:00 AM–12:00 PM	Tu/Th	\$5
2194	04/07-04/30	9:00 AM–12:00 PM	Tu/Th	\$5
2193	05/05-05/28	9:00 AM–12:00 PM	Tu/Th	\$5

### Explore Your Creative Side in Art

Come explore your creative side in this art class. All are welcome, from beginner to expert. An artist never stops learning so let's all come together to share ideas and grow our skills. All mediums welcome.

2199	03/06-03/27	9:00 AM–12:00 PM	F	\$20
2201	04/03-04/24	9:00 AM–12:00 PM	F	\$20
2200	05/08-05/29	9:00 AM–12:00 PM	F	\$20



### Stepping Stones, Stained Glass & Porcelain Dolls

Work independently or share skills with other crafters the art of stepping stones, stained glass and porcelain dolls.

2288	03/02-03/30	9:00 AM–12:00 PM	M/Th	\$5
2290	04/06-04/30	9:00 AM–12:00 PM	M/Th	\$5
2289	05/04-05/28	9:00 AM–12:00 PM	M/Th	\$5

## Senior Nature Day at Oliver Nature Park

Experience nature through fun activities at Oliver Nature Park. Enjoy the morning fishing, feeding and watching birds, collecting insects, making nature crafts, or taking pictures of wildflowers. You will have the opportunity to choose 3 activities to participate in followed by and including lunch. Each activity will be approximately one hour long.

2296	04/13	9:00 AM–12:00 PM	M	\$6 with a MAC Card \$8 without a MAC Card
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# Seniors

## Dance/Music

### A Choired Talent

Do you love to sing? If so, come join 'A Choired Talent'. You don't need a background in music or prior experience singing in the choir. This group will practice every week and perform frequently out in the community.

2180	03/04-03/25	10:00-11:00 AM	W	\$4
2182	04/01-04/29	10:00-11:00 AM	W	\$4
2181	05/06-05/27	10:00-11:00 AM	W	\$4

### Line Dancing ♥

Start with your basic step-by-step instructions that will have you dancing in no time and progress to the next level and learn dances to a variety of music. Line dancing is fun and can be a great workout. Daily drop ins are also available.

#### Basic Beginner

2204	03/02-03/30	1:00-2:00 PM	M	\$10
2206	04/06-04/27	1:00-2:00 PM	M	\$10
2205	05/04-05/18	1:00-2:00 PM	M	\$10

#### Beginner

2244	03/04-03/25	12:30-1:30 PM	W	\$10
2246	04/08-04/29	12:30-1:30 PM	W	\$10
2245	05/06-05/27	12:30-1:30 PM	W	\$10

#### Beginner/Intermediate

2224	03/02-03/30	2:00-3:30 PM	M	\$12
2226	04/06-04/27	2:00-3:30 PM	M	\$12
2225	05/04-05/18	2:00-3:30 PM	M	\$12

#### Intermediate

2263	03/09-03/30	1:30-3:30 PM	W	\$16
2265	04/08-04/29	1:30-3:30 PM	W	\$16
2264	05/06-05/27	1:30-3:30 PM	W	\$16



## Special Interest

### Bingo

Do you like to win? Come play Bingo on Mondays and Wednesdays at 11:30 am for a half hour. Every Friday at 11:00 am we play Bingo for a full hour. Senior volunteers are the callers and local merchants donate prizes. You won't want to miss this every week!

### Bridge

Are you a Bridge-playing enthusiast? Six or seven tables are always up for an afternoon of challenging strategy at 12:30 pm on Wednesdays. A couple of tables usually play after lunch on Fridays just for fun. Advance notice required. Call 817-453-5420 ext. 2227.



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on Twitter



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### Daily Lunch Program

You can enjoy not having to cook by coming to lunch for a hot, nutritious meal. Lunch is served daily at noon. A one-day advance reservation is required but many times drop-ins get to eat as well. There is a requested donation of \$2 per meal for persons 60 and over and \$6 for persons 59 and under. To register please call 817-453-5420 ext 2227 or sign up in person by 10 am one day prior.

### Devotional Singing

Do you love to sing? Do you play an instrument? Our volunteers lead the singing and play the instruments. Every Tuesday at 11:30 am, they can be heard playing anything from old time gospel to those popular songs you grew up with. So make plans to join in with your talent or merely sit back and enjoy.

### Drop-in Fellowship

Come in and join us for a cup of coffee and lots of friendly folks to visit with. Enjoy a pick-up game of Skip-Bo, dominoes or any number of board games or cards.

### Mahjong

Join us every Thursday from 1:00-3:00 pm. All skill levels welcome. Players will take time to teach the beginner who wants to gain a better understanding. No advance reservation required.

### Canasta

Every Thursday from 12:30-3:00 pm, you can learn the fine art of the game of Canasta. The veteran players take time out from their serious playing time to teach the beginner who wants to gain a better understanding of Canasta. No advance reservation required.

### Open Card Playing

Enjoy your favorite games or learn a new one from one of our many game enthusiasts. Favorites are Pinochle, Skip-Bo, Bridge, Rummy, Hand & Foot, Bridge, Canasta, Kings Corner, Uno, etc. Every Monday-Friday, 9:00 am-3:00 pm.

### Smart Driver

Do you want to lower your insurance? This is a defensive driving class designed for persons over 50. Learn techniques to be a safer driver and get that discount on your insurance. Course will not erase a ticket! MAC card or guest day pass required. You must pre-register in person at the MAC. Show your AARP Card for a \$5 discount.

2286	05/07	9:00 AM-1:00 PM	Th	\$20
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# Seniors

## Wellness

### Light and Easy Exercise ♥

You are never too old to exercise with this group. This routine takes place in a seated position incorporating some standing exercises as well. It is truly light and easy but also beneficial. You can join us Monday through Thursday at 11:00 am for a 20-minute session to get your blood flowing.

*Freshness  
you can taste.®*

At In-N-Out®, we make every burger with 100% pure beef, hand-leafed lettuce, and vine-ripened tomatoes on a freshly baked bun. We also make our fries from fresh, whole potatoes. No microwaves, heat lamps or freezers. So come in and try a fresh, made-just-for-you burger. You'll never look at burgers the same way again.

**1221 N. HWY. 287 ♦ Mansfield**  
between Debbie Ln. and Walnut Creek Dr.

www.In-N-Out.com

©2014 In-N-Out Burgers



### Blood Pressure Checks

You can save a trip to the doctor's office by letting our volunteer medical professional check your blood pressure on most Tuesdays from 10:30-11:30 am.

### Walk and Talk ♥

Grab a buddy and come walk around the indoor gymnasium and be protected from all the elements. Walk at your own pace, visit with a friend, and stay fit on Mondays, Wednesdays and Fridays from 9:00-10:00 am.

### Tai Chi for Seniors (55+) ♥

Older does not mean incapable. Within this class the student will learn to reach their full potential by connecting mind, body and spirit. There are no limitations except those one places on themselves. For those looking to move as they once did only requires a strong will and determination. Discipline is the key. Remember the journey of a thousand miles begins with a single step.

2308	03/10-03/24	9:30–10:30 AM	\$16
2309	04/10-04/24	9:30–10:30 AM	\$16
2310	05/01-05/29	9:30–10:30 AM	\$16



# Trips & Tours

## Dallas Arboretum

We will provide the transportation on this day trip to the Dallas Arboretum and Botanical Gardens for a picnic lunch (on your own) and a self-guided tour of the spectacular landscapes, towering trees, and fragrant gardens. Fee includes transportation only. Tickets are available at the gate for \$12 (65 and up) & \$15 (18-64).

1098	03/10	10:00 AM–4:00 PM	Tu	\$12
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## Ennis Bluebonnet Trails

Ennis was designated by the 1997 State Legislature as the home of the “Official Texas Bluebonnet Trail” and was designated the “Official Bluebonnet City of Texas.” From April 1-30, Ennis showcases over 40 miles of mapped driving Bluebonnet Trails sponsored by the Ennis Garden Club. These trails are the oldest such trails known in the state. Fee is for transportation only. Lunch is dutch.

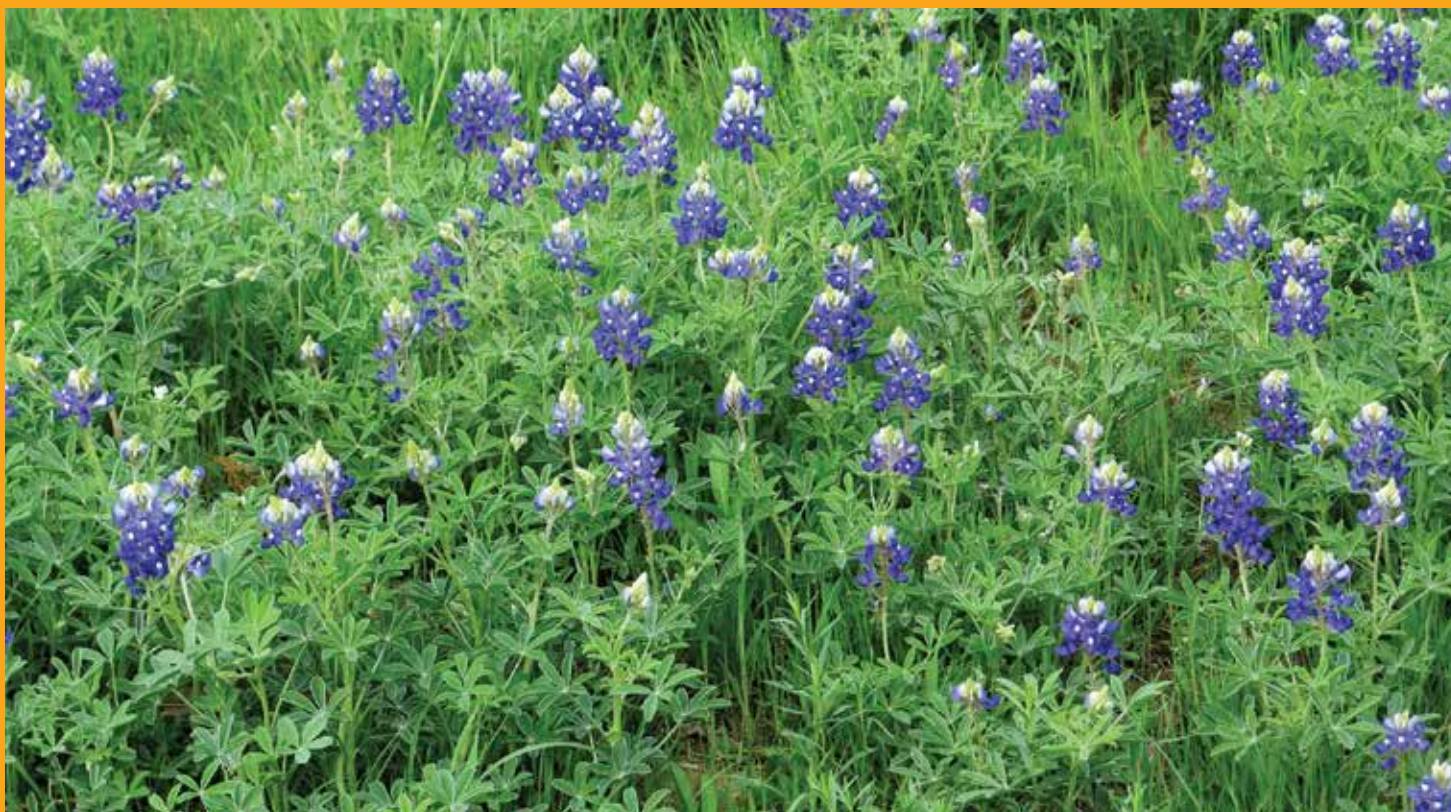
2306	04/21	9:30 AM–3:30 PM	Tu	\$12
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## Canton Trade Days

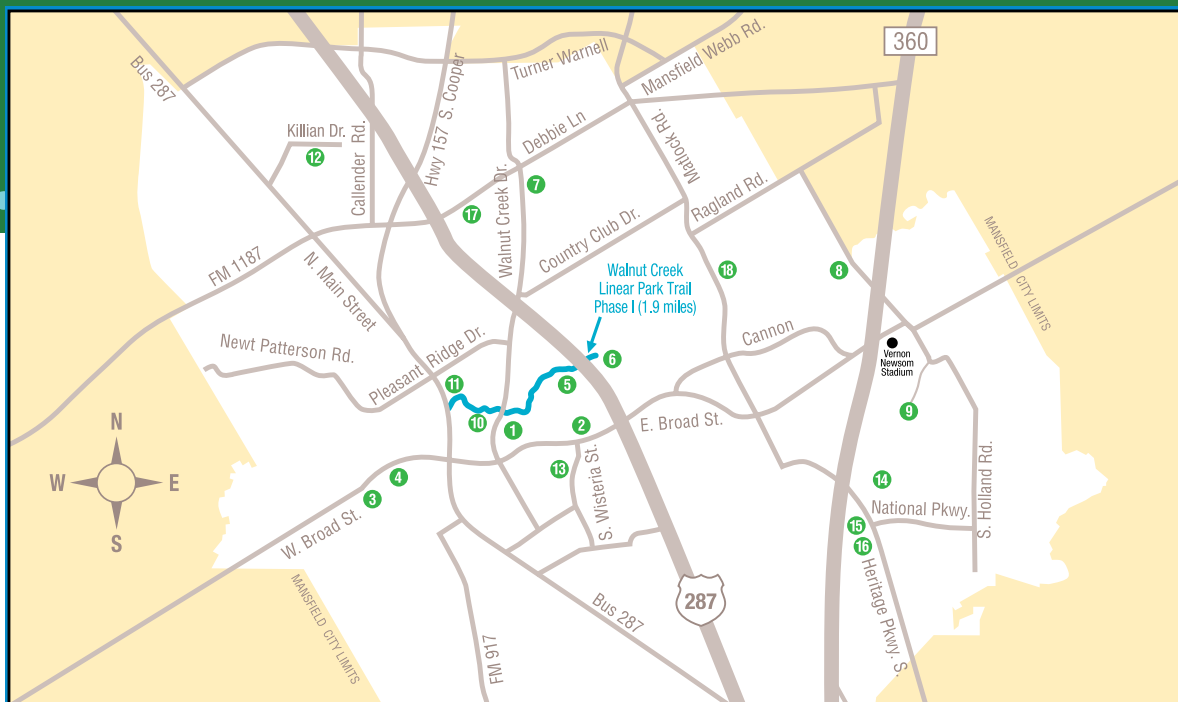
Join us for a full day of shop till you drop at this fantastic flea market. There are lots of covered shopping areas, so rain or shine, this trip will make. Fee is for transportation, admission is free.

2304	05/01	8:00 AM–5:00 PM	F	\$12
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Many trips have registration deadlines, so be sure to register early and reserve your spot. Refunds are only granted during the 7 days prior to a trip for a medical reason or family emergency.



# Facilities Map



## Facilities

	Amphitheater	Baseball Field	Basketball Court	Fishing Pond	Football Field	Grills	Horseshoe Pls	Nature/Walking Trail	Pavilion	Picnic Area	Playground	Restroom Facility	Sand Volleyball	Soccer Field	Softball Field	Tennis Court	Boundless <sup>SM</sup> Playground
1 <b>Hardy Allmon Soccer Complex</b> (10.5 acres) 310 N. Walnut Creek Dr.									★						★		
2 <b>Julian Feild Park</b> (6.9 acres) 1531 E. Broad Street											★	★					
3 <b>McClendon Park West</b> (4.8 acres) 799 W. Broad Street			★	★			★			★	★	★	★				
4 <b>McClendon Park East</b> (16.5 acres) 740 W. Kimball									★	★	★	★	★			★	
5 <b>James McKnight Park West</b> (24.5 acres) North Wisteria Street							★		★	★	★						
6 <b>James McKnight Park East</b> (27.5 acres) 757 U.S. Hwy 287							★		★	★	★	★	★			★	
7 <b>Clayton W. Chandler Park</b> (13 acres) 1530 N. Walnut Creek Drive			★		★		★		★	★	★		★				★
8 <b>Philip Thompson Soccer Complex</b> (20.5 acres) 1701 N. Holland															★		
9 <b>Mansfield Sports Complex</b> (80 acres) 920 N. Holland Road			★							★	★	★	★		★		
10 <b>Katherine Rose Memorial Park</b> (24 acres) 303 N. Walnut Creek Drive				★	★		★	★	★	★	★	★	★	★			★
11 <b>Town Park</b> (19.8 acres) 500 N. Main		★		★			★	★	★	★	★	★	★	★			
12 <b>The Parks at Woodland Estates</b> (16.62 acres) 910 Killian Drive									★		★	★					
13 <b>Mansfield Activities Center</b> 106 S. Wisteria				★										★			
14 <b>Mansfield National Golf Club</b> 3750 National Parkway														★			
15 <b>Hawaiian Falls Waterpark</b> 490 Heritage Parkway														★			
16 <b>Big League Dreams Sports Park</b> 500 Heritage Parkway			★									★	★		★	★	
17 <b>Donald R. Barg Park</b> (4.5 acres) 1435 Whispering Water Lane					★				★		★						
18 <b>Elmer W. Oliver Nature Park</b> (80 acres) 1650 Matlock Rd.	★				★				★	★			★				

★ Walnut Creek Linear Park Trail Head



# Facility Rentals

## To rent a room at the MAC:

- Renter must be 21+ years of age.
- Renter must have a current MAC Card (or purchase one).
- \$100 refundable damage deposit is required (in addition to rental fees).
- Requests must be made in person at least 2 weeks in advance.
- Rentals may be required to have an off-duty officer.

### MAC Facility Rental Fees

Room	Hourly Fee	Capacity
	Resident/Non-Resident	
Pecan/Cypress Room	\$50/\$55	160
Cypress Room	\$40/\$45	111
Pecan Room	\$30/\$35	49
Oak Room	\$30/\$35	49
Magnolia Room	\$30/\$35	49
Kitchen <i>(available with Cypress or Pecan/Cypress)</i>	\$15/\$20	
Full-court Gym <i>(after hours only)</i>	\$60/\$70	
Half-court Gym	\$30/\$35	

- Proof of residency is required for all rentals.
- All rental fees are due at booking. Deposit and MAC Card fees (if necessary) are due when the rental request is made.
- 3-hour minimum for after-hours rentals.
- Tables and chairs are available for use, but renter is responsible for set up and tear down and must include such time in his or her rental. Facility is available for rental 9:00 am to 9:00 pm daily.
- Renter agrees to be on site for the duration of the rental. Full policies are available online or at the MAC front desk. All rentals subject to supervisor approval.



## Park Rental Fees

### To rent a pavilion at a park:

- Renter must be 21+ years of age.
- Requests must be made in person at least 7 days in advance.
- 2 hour minimum is required.
- Renter agrees to be on site for the duration of the rental (Mansfield residency not required).

### Small Pavilions

Located at Katherine Rose Park, McClendon Park West, McClendon Park East and McKnight Park West.

Resident: \$10/hr or \$50 for 5+ hrs.

Non-Resident: \$15/hr or \$75 for 5+ hrs.

### Large Pavilions

Located at Katherine Rose Park and Town Park.

Resident: \$25/hr or \$125 for 5+ hrs.

Non-Resident: \$35/hr or \$175 for 5+ hrs.

### Amphitheater

Located at Town Park.

Resident: \$40/hr or \$200 for 5+ hrs.

Non-Resident: \$50/hr or \$250 for 5+ hrs.

All rental fees are due at the time of booking. All rentals subject to supervisor approval. Full policies available online or at the MAC front desk.

### Athletic Fields

Athletic fields are available for rent when fields are not under contract with local sports associations. Field rental requests are taken for dates in the next two weeks.

Resident: \$15/hr per field; \$25/hr extra for lights per field.

Non-Resident: \$25/hr per field; \$35/hr extra for lights per field.

Contact the Mansfield Activities Center at (817) 453-5420 to check availability.

# Rules & Regulations

## Withdrawal, Cancellation and Refund Guidelines

The withdrawal, cancellation and refund policy pertains to all Parks and Recreation Department programs unless otherwise noted in the program description. If you are not satisfied with a program, please speak with a supervisor so that we may correct the problem, if applicable.

Withdrawal request received	Submit a Program Withdrawal Form* to...	Withdrawal fees charged
Program cancelled by MAC	No need to complete form	No fees charged
Four (4) days or more before the start date of the program	<ul style="list-style-type: none"> <li>MAC front desk staff</li> <li>Email to <a href="mailto:mac@mansfield-tx.gov">mac@mansfield-tx.gov</a></li> <li>Fax to the MAC at 817-453-8516</li> </ul>	No fees charged
Three (3) days or less before the start date of the program	<ul style="list-style-type: none"> <li>MAC front desk staff</li> <li>Email to <a href="mailto:mac@mansfield-tx.gov">mac@mansfield-tx.gov</a></li> <li>Fax to the MAC at 817-453-8516</li> </ul>	\$5 withdrawal fee
On or after the start date of the program	<ul style="list-style-type: none"> <li>MAC front desk staff</li> <li>Email to <a href="mailto:mac@mansfield-tx.gov">mac@mansfield-tx.gov</a></li> <li>Fax to the MAC at 817-453-8516</li> </ul>	\$10 withdrawal fee + pro-rated fee per class and any incurred charges
After the last scheduled date of the program	No requests accepted (Instructors have been paid)	No money returned

\* A Program Withdrawal Form must be filled out for any withdrawal after the original registration date. The form may be found at the MAC front desk or online at [www.mansfieldparks.com](http://www.mansfieldparks.com) (see left column).

Medical refunds will be approved on a case-by-case basis when the Program Withdrawal Form is submitted in a timely manner.

Refunds are processed weekly and returned according to payment type. Credit card refunds are sent back to the card that made payment; cash and check refunds are sent back by check to the address on file. Processing refunds can take up to 3 to 4 weeks via check and 7 to 10 days via credit card. You can also choose to leave a credit on your account for future use.

## MAC Rules:

- Everyone must present their MAC Card or purchase a day pass upon entering the facility. If you forget your MAC Card you can buy a replacement card for \$2.50 or purchase a day pass.
- A guest pass is available for \$3 (Resident) or \$6 (Non-resident).
- Anyone 17 years of age or younger must have a parent or guardian 21 years or older purchase their MAC Card or day pass.
- Smoking is not allowed inside the facility or within 30 feet of any entrance.
- Food and drink are allowed in designated areas only.
- Profanity and/or fighting are prohibited.
- Children ages 12 and under must be accompanied by a parent or guardian 21 years or older after 6:00 pm unless they are in an organized activity.
- Children ages 7 and younger must be accompanied by a parent or guardian 21 years or older at all times.
- Organized sports practices and personal training are not allowed during open gym hours.
- Rollerblades, skateboards and heeled shoes are not allowed in the building.
- Children who have been suspended or expelled from school may not be in the MAC during school hours unless accompanied by a parent or guardian.
- No pets allowed.
- No bags allowed in gym during open gym play.

[www.mansfieldparks.com](http://www.mansfieldparks.com)





# Events

Join us on  
**Thursday, February 26**  
for our  
**Spring Discount Day!**

Save 10% on all  
spring program registrations  
In person or online  
from 9:00 am to 9:00 pm

\*Excludes Kids Zone



Want a naturalist guided tour of Oliver Nature Park?  
Would you like a wildflower walk with a botanist?  
How about a nature walk for a birthday party?

Contact Sam Kieschnick at  
[sam.kieschnick@mansfield-tx.gov](mailto:sam.kieschnick@mansfield-tx.gov)  
for program availability.  
Prices vary by group size and program length.

## Bunny Brunch

Join us for brunch with the Easter Bunny!  
Enjoy crafts, face painting, and fun!  
Be sure to get your picture with the  
Easter Bunny, but don't forget your camera.

Pick your session:

9-10 am or 10:30-11:30 am

Child \$9 | Adult \$6

Save \$1 per ticket with your MAC card.

Online registration ends March 26. Tickets purchased  
online can be picked up the day-of at the Front Desk.





# Wisteria Street MARKET

activities • food trucks • face painter  
free make+take • silent auction • vendors

---

Saturday  
**MAY 16TH**  
10am-4pm



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Mansfield Activities Center  
106 S. Wisteria Street | Mansfield | 76063  
[www.mansfieldparks.com](http://www.mansfieldparks.com) | 817-453-5420  
Vendor applications accepted until April 11.





Join the Mansfield Police Department and Mansfield Parks & Recreation for the

# BIKE

# Rodeo



and  
**Night on the Town**



**Bike Rodeo**  
ages 6-12 | 10am-1pm  
**Night on the Town**  
1-4pm

family bike ride | k9 demo  
bike safety checks  
1st 100 get a free shirt

**SATURDAY**  
*April 25*  
**ROSE PARK**

# ANIMAL Extravaganza WEEK

Come join us for a week  
full of animal fun!

## MOVIES @ the MAC

101 Dalmatians • Tuesday, March 10th  
1pm, doors open at 12pm  
Bring your chair or blanket! Lite concessions  
available for purchase. \$2/ticket ages 2Y+

### FOR MORE INFO

(817) 453-5420  
[www.mansfieldparks.com](http://www.mansfieldparks.com)



## CRAFT Party

Wednesday, March 11th  
3-4pm, Mansfield Activities Center  
Get your animal on with a fun craft and snacks!  
\$5/person ages 2Y+

## RAPTORS of TEXAS

Thursday, March 12th  
10-11am • Oliver Nature Park  
The Blackland Prairie Raptor Center will  
have a number of owls, falcons and hawks.  
Free to all ages; please pre-register.

## CRITTERMAN

Friday, March 13th  
3-4pm • Mansfield Activities Center  
Visit Critterman with a lemur, python, hissing  
cockroach, and more! \$5/person ages 2Y+;  
parents free, but must attend with children.

Save \$1 per person with a MAC card!



www.mansfieldparks.com  
817-453-5420

Mansfield Activities Center  
106 S. Wisteria St.  
Mansfield, Texas 76063

PRESORTED STANDARD  
U.S. POSTAGE  
PAID  
PERMIT No. 10  
MANSFIELD, TX



#### Hours of Operation

Monday – Friday 9:00 am to 9:00 pm  
Saturday 9:00 am to 4:00 pm  
Sunday Closed



[www.mansfield125.com](http://www.mansfield125.com)

